

CANDO

OCTOBER EDITION

2011



Battling for the Connelly

The 1152nd Transportation Company (Railway) competes for the Phillip A. Connelly awards

Think Pink

Breast cancer awareness month

Loyalty

What does loyalty mean to you?



<< ON THE COVER

Spc. Aric Johnson, a train mechanic with the 1152nd Transportation Co. (Railway), guards the unit perimeter during the 44th annual Philip A. Connelly Awards field competition Oct. 22, 2011 at Ft McCoy, Wis.

CAN DO

Commander
377th TSC

Maj. Gen. Luis R. Visot

Chief of Staff
377th TSC

Col. Maxine C. Girard

Command Sergeant Major
377th TSC

Command Sgt. Maj. James M. Lambert

Public Affairs Officer
377th TSC

Lt. Col. Michael Perez

CAN DO

CONTRIBUTORS:

Maj. Gen. Luis R. Visot

Command Sgt. Maj. James M. Lambert

CH (Col.) Edward M. Grice

Master Sgt. Dianna Anderson

Sgt. First Class Angele Ringo

Spc. Charles Thompson

Staff Sgt. Kevin Gorzek

Master Sgt. Kevin Conkle

Capt. Quintillis Lawrence

Chief Warrant Officer Billy Ray Robinson

Mr. Calvin Colin

Master Sgt. David Bennett

Maj. Tamala Mullins

Lt. Col. Vickie W. Gavin

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HIGHLIGHTING OCTOBER 2011

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This publication is written, edited and published by the public affairs office of the 377th TSC. 400 Russell Ave. Belle Chasse, LA 70143. Submit comments to: dianna.anderson@usar.army.mil or call 504 558 5556. Send editorial and photographic submissions to: dianna.anderson@usar.army.mil. Visit us online at: www.facebook/377thtsc.com or www.youtube/



Our Mission is the foundation of our reputation; we are judged on our success in each line of effort...THIS IS WHAT WE DO!



MG Luis R. Visot
Commander of the
377th Theater
Sustainment Command
**CAN DO, ANYTIME,
ANYWHERE!**

CAN DO, ANYTIME, ANYWHERE!

Dear 377th TSC Family,

In this issue of the CAN DO, I would like to take the opportunity to thank each and every one of you for your service. I believe our military men and women are the greatest assets to our nation. In a recent message, GEN Raymond Odierno, the 38th Chief of Staff of the Army stated that the "Strength of our nation is our Army, the Strength of our Army is our Soldiers, and the Strength of our Soldiers is our Families". This is what makes us Army Strong! The strength of our nation depends upon a high quality all-volunteer force which upholds standards, discipline, and fitness through the Army profession and leader development and a continued

commitment to our wounded warriors. Our nation's force must be ready today and prepared for tomorrow to meet the needs of our nation. It is dependent on our Leaders who must lead our nation's force through good communication, trust and teamwork.

Thank You!

MG Luis R. Visot

CAN DO,

ANYTIME, ANYWHERE!

MG Luis R. Visot



Non Commissioned Officers

THAT'S THE FIRST LINE LEADER'S RESPONSIBILITY

The squad, section, or team leader (First Line Leader) may be the most influential NCO position there is. Our NCO Creed states, "My two basic responsibilities will always be uppermost in my mind; accomplishment of my mission and *the welfare of my Soldiers*". The first line leader is the most direct and first leader in a Soldiers' chain. This critical NCO is in the best position to care for his or her Soldiers.

How many times have you heard, "it's the first line leaders job" when it comes to solving problems? Whether it is individual readiness, accountability, and most usually when something goes wrong, the first line leader is in the best position to affect change; but in fairness, what have we done to ensure the first line leader is properly equipped to perform in this role? Do our training institutions teach them everything they need to know, do we have effective unit programs to train them, and do we show them what right looks like?

I suggest that we start developing future first line leaders from the first encounter we have with a new enlisted Soldier. The very first contact one of our NCOs has with a new Soldier starts to establish the experience and example of what the first line leader is all about. A good example starts the young Soldier down the path of what right looks like and provides something to emulate as they, themselves, later become first line leaders. A poor example will likewise start them down a path of what wrong is. If we don't catch this and set them on a different path, we will create a group of future leaders that are ill-prepared to lead our Army. Perhaps the next milestone in development is at the institutional training level. Initial Military Training and Warrior Leadership Courses formalize what Soldiers and Leaders do. One drawback is that institutions cannot train everything; unit leader programs MUST supplement what there is not time for at the institutional training sites. We must also provide opportunities for young Soldiers to gain leadership experience. Promotions are supposed to be based on potential, leadership potential. If we do not provide sufficient opportunities for our SPC to lead, how can we assess their potential?

The Army has invested a tremendous amount of resources to help our Soldiers and their Families.

Unfortunately our first line leaders do not know enough about them, or how to connect our Soldiers with them.

As senior leaders, WE must do better. I encourage units to develop leader development programs that will properly equip our first line leaders for the duties they must perform. This way, when we say "it is the first line leader's responsibility" we have confidence that they have the knowledge, resources, and experience needed to do what we ask of them. I have suggested before, and I will continue to stress, that I believe we should have unit leader transition courses for our Soldiers selected for promotion to SGT. This course should be tailored toward setting our first line leaders up for success and it should coincide with our NCO induction ceremonies. Train them, equip them, and graduate them. When our NCOs get inducted into the Corps, they should be confident that they are ready to perform effectively and embody the Creed.

I find it too easy to pass off "the first line leader should have . . .". I believe we have to take ownership and do better in preparing these most important leaders for this enormous responsibility.

I continue to have a tremendous appreciation for our Soldiers, Families, Employers, and Communities for all they do to support our nation. Thank you, to all that serve and to those that support us.

I wish many blessings upon you during the upcoming holidays and ask that you pay special attention to the risks associated with the changes in weather and the celebrations you may partake in. Be SAFE and stay connected with your Battle Buddy!



JAMES M. LAMBERT

Command Sergeant Major

377th Theater Sustainment Command

377th TSC CHAPLAIN CANDIDATE PROGRAM

Story by Col. Edward
Grice, Chaplain, 377th TSC

Photo by Spc. Charles
Thompson

WELLNESS

SOLDIER, FAMILY, EMPLOYER
and COMMUNITY

The Chaplain Candidate Program is the Army Chief of Chaplains premier program to recruit and train prospective chaplains to serve the men and women of the United States Army. Those of us working with the Chaplain Candidate Program are dedicated to supporting and encouraging the chaplain candidates while they are in the various stages of training and preparation.

Presently we have three chaplain candidates associated with the 377th TSC and numerous chaplain candidates in our subordinate units. You may be familiar with some of them as we've now had four with us over the last two or three years. The following are presently assigned to us at the 377th TSC: CPT Lucian Stamps, 1LT Matthew Beisel, and 2LT Matthew Johnston. What are we to expect of the chaplain candidates?

As junior officers the chaplain candidates are to follow all courtesies, regulations, expectations, and directives as do all junior officers. Although one or the other may be new to the unit, on the spot corrections are common ways to

help them improve and become more comfortable in the routine ways of the Army. Our intent is to allow chaplain candidates the opportunities to experience aspects of the Chaplain Section and grow with the Army life of the 377th TSC during their seminary formation years. Throughout the Battle Assembly the candidates will participate in as many ways as possible. What things might you not expect of the Chaplain Candidates?



Chaplain Candidate, 1st. Lt. Matthew Beisel, gives the welcoming prayer during church service held at the Naval Air Station Joint Reserve Base New Orleans during Oct 16 377th TSC Battle Assembly.

Chaplain Candidates are NOT chaplains. Since they are not chaplains-but continuing seminary education and training-they are not allowed to enter into counseling sessions where a Soldier may presume confidentiality in the conversation. Chaplain Candidates are to understand that they jeopardize the Army Chaplaincy if they violate the confidentiality privilege of the chaplaincy. Meanwhile some chaplain candidates are now taking seminary courses in various areas of pastoral ministry that will help them when they are officially assigned as chaplains. We do encourage the candidates to be open in their conversations and always to refer individual Soldiers with serious or personal concerns-spiritual or otherwise-to one of the chaplains. What can you do to help the chaplain candidates?

Encourage and pray for the chaplain candidates while they are training and mentored at the 377th TSC. Allow them to gain confidence and rapport amongst all members of the 377th TSC. Be open to helping them understand what you do as part of the mission of the 377th TSC.

Army Reserve Center Closes its Doors

Story and photos by
Staff Sgt. Kevin Gorzek
368th Public Affairs Detachment

The 646th Regional Support Group (RSG) from Madison, Wis. closed the doors to the Brig. Gen. George F. O'Connell Memorial Army Reserve Center for the last time Sept. 14.

It was a bittersweet moment to lower the U.S. Flag for the last time at the reserve center, said Supervisory Staff Administrator Stan Cramer with the 646th RSG.

The Army Reserve Center officially closed on Sept. 15 as part of the congressionally mandated Base Closure and Realignment Commission (BRAC) of 2005.

The BRAC Commission was created to review and analyze a list of military installations the Department of Defense recommended be closed or realigned.

"It was a pretty good little building," said Staff Sgt. Reggie Segers, a Sun Prairie, Wis. resident, and a supply sergeant at the 646th RSG for the past four years.



Sgt. Richard L. Roberts and Private 1st Class Justin Skowron salute as Staff Sgt. Reggie Segers lowers the



Sgt. Richard L. Roberts, Private 1st Class Justin Skowron and Staff Sgt. Reggie Segers lower the flag for the final time at the Brig. Gen. George F. O'Connell Memorial Army Reserve Center in

The three acre property was leased by the Army from the Dane County Airport in the 1980s and was home to the 646th RSG and a battalion from the 84th Training Division.

The two buildings on the property were built in the 1960s and a major addition to the reserve center was done in 1991.

The unit made preparations and began moving their operations to a new joint military complex in Madison run by the Wisconsin National Guard in mid August.

The new facility houses the Wisconsin National Guard, Army Reserve, Navy Reserve and Marine Reserve units.

"The new facility is much nicer," said Sgt. Richard L. Roberts, a human resources

sergeant with the 646th RSG from Newville, Wis.

Hubertis, Wis. native, Private 1st Class Justin Skowron, a computer technician at the 646th RSG, said he is going to miss the old building and it is going to be an adjustment getting used to the new facility.

There were mixed feelings from members of the 646th RSG about moving, but excitement that the unit is postured for success with a facility that has been built for the future.



Sgt. Richard L. Roberts salutes the flag after giving it to Private 1st Class Justin Skowron at the Brig. Gen. George F. O'Connell Memorial Army Reserve Center in Madison, Wis. Sept 14.

Deployment Support Command Change of Command



Story by Master Sgt. Dianna Anderson
and Photos by Master Sgt. Kevin Conkle



Maj. Gen. Luis R. Visot passes the colors to Col. Michael A. Mann while Col. Mark A. Anspach and Sgt. Maj. Maryeva Beesley look on.

Families. We must never tire of doing good and must be patient, persistent and prevail to do good for our nation.” He also stressed the importance of continuing to build the partnership between the DSC and the MSDDC.

Outgoing commander, Col. Anspach, said, “This has been an unexpected gift to be given the opportunity to be in command for eight to ten months of the DSC. It was a rare and unique experience to join a new unit as the G-3 operations commander, serve as Chief of Staff and eventually become the commander of the unit. My experience has been very rewarding. I had the opportunity to grow with the unit and then lead it.”

Col. Mann’s priorities include deployment readiness and the welfare of the Soldiers and their Families. He said, “My key to leadership is 10% luck, 20% skill and the rest is a great staff, unit leaders and concentration of will power to get the mission accomplished.”

Col. Michael A. Mann became the new commander during The Deployment Support Command (DSC) change-of-command ceremony that was held on October 23, 2011, at the United States Armed Forces Reserve Center in Birmingham, AL. Col. Mann succeeds outgoing commander Col. Mark A. Anspach.

The official party for the event included Maj. Gen. Luis R. Visot, Commanding General, 377th Theater Sustainment Command (TSC), Col. Anspach, Col. Mann, and Command Sgt. Maj. Maryeva Beesley, Command Sgt. Maj., DSC. Col. Stanley Puckett, 377th TSC Chaplain, gave the invocation and the 313th Army Band under the direction of 1st Sergeant Baron Cantrell provided the music.

Maj. Gen. Visot thanked the Soldiers and Families for their service saying, “Soldiers are the greatest asset to our nation... We cannot wear this uniform if it were not for our

Families. We must never tire of doing good and must be patient, persistent and prevail to do good for our nation.”



Col. Mark A. Anspach, Maj. Gen. Luis R. Visot and Col. Michael A. Mann stand for National Anthem during DSC Change of Command.

Battling for the Connelly

Story and photos by Master Sgt. David Bennett
367th Mobile Public Affairs Detachment

When Sgt. Marc A. Fields wasn't putting out operational fires Oct. 22, he was waging his own battle.

The skirmish lines had been drawn five days ago and now the Chicopee, Mass. native was encouraging his teammates to reach down deeper as they scooted around the portable kitchen.

On this crisp morning at a remote training site at Fort McCoy, Wis., food specialists with Milwaukee-based 1152nd Transportation Co. (Railway) were beginning their final assault. Armed with fat ladles, paring knives and fresh vegetables, they answered evaluators' questions quickly so they could get back to the task at hand.

Lunch was a few hours away. With a good showing, the 1152nd Transportation Co. was positioned to finally hoist the Philip A. Connelly trophy that — for the 44th year now — is awarded to the top Army food service units.

Here, confidence was a virtue. Three of the unit members worked in food service as civilians, including Spc. Adam L. Boudry, a food specialist with the 1152nd Transportation Co. who hails from Kewaskum, Wis.

A cook in an assisted nursing home, Boudry feels that any additional experience helps when going for the Connelly.

"I've been involved in food service since I was 14 or 15," said Boudry, as he kneaded dough for a strawberry shortcake recipe. This was part of the lunch menu that included grilled chicken, meatloaf, fresh cucumber salad and soup.

Boudry popped out small pastries on a cutting board with an air of intensity.

"I don't like making desserts because I don't think I'm very good at it," he said.

The Philip A. Connelly program for Army dining facilities was established in March 1968. It is named for the late Philip A. Connelly, a former International Food Service Executive Association (IFSEA) president, who was responsible for obtaining IFSEA sponsorship of Army food service awards.

Evaluators visit each finalist across the United States and locations abroad to obtain first-hand knowledge of how Army food service personnel perform their jobs. The winner and runners-up from each category will be announced at the end of January 2012.

This year, 15 of 21 Army Reserve commands participated this summer in the field kitchen competition.

Of the final four units left in this year's competition, three subordinate units of the 377th Theater Sustainment Command (TSC) advanced in Army-wide contest: the 1152nd Transportation Co. from the USAR Deployment Support Command; the 326th Quartermaster Co., from the 316th Expeditionary Sustainment Command (ESC); and the 847th Human Resources Co., part of the 103rd ESC.

The fourth Reserve unit — HHC, 160th Military Police Battalion of Tallahassee, Fla. — is scheduled to be judged in November.

Due to Connelly's diligence, the civilian and military food service programs are more closely aligned, and both programs now have uniform goals in education, training, career development and job opportunities, said Ron Coneybeer, corporate executive chief with



Sgt. Marc A. Fields, a food specialist with the 1152nd Transportation Co. (Railway), squirts ketchup into a bowl during the 44th annual Philip A. Connelly Awards field competition Oct. 22, 2011.



Spc. Adam L. Boudry (left), a food specialist with the 1152nd Transportation Co. (Railway), stirs soup as Sgt. Marc A. Fields prepares bread crumbs during the 44th annual Philip A. Connelly Awards field competition Oct. 22, 2011.

To see the video link for this story, go to the 377th TSC's YOUTUBE Channel at <http://www.youtube.com/user/377thtscpao>

food conglomerate Nestle, and one of this year's evaluators.

Marking his third year in a row as a Connelly evaluator, Coneybeer explained that the culinary gap between military cooks and their civilian counterparts today has closed.

"I'm getting better food on the bases than I am off of the bases," said Coneybeer, who was once a chef instructor at the Pennsylvania Institute of Culinary Arts in Pittsburgh.

The Connelly competition is divided into five categories: active Army category; civilian garrison category; active Army field kitchens; National Guard field kitchen; and Army Reserve field kitchen. It is the last category that the 1152nd Transportation Co. Trans. Co. is competing.

Not only was the Milwaukee rail unit — which finish third in the competition in 2009 — being evaluated on food preparation and quality, but also on its adeptness at force protection, field sanitation, water sustainability, and rodent control.

Aside from the recognition, Connelly finalists are eligible to apply for scholarships to culinary schools in the United States.

Before any accolades, however, there was work to do and noon was fast approaching.

Inside the portable kitchen, Coneybeer reached for a fire extinguisher secured to a beam, he inadvertently let the unit members know that a safety pin in the extinguisher was missing. As the evaluator pushed slightly on the extinguisher for an inspection, the extinguisher came alive, sending a spray of foam onto a grill that was readied to cook the next food course.

All activity stopped and some mouths gaped as the foam from the extinguisher dripped down the side of the grill.

Pfc. Micha E. Viosin, of Milwaukee, muttered to himself and walked toward the exit.

Fields sensed that the team's psyche had taken a direct hit and once again rallied the small band of troops.

"Don't quit," Fields barked. "Clean."

For the last 10 years, Fields has worked in food service with several active duty units, including three stints in Iraq. He joined the Army Reserve recently.

Before the graders toured different points in the unit's culinary operation, including a site for incinerating trash, Brig. Gen. Kenneth D. Jones, Deputy Commanding General of the 377th TSC, reminded the Soldiers who huddled in a warm-up tent that protecting the force — even when troops sit down to a meal — is paramount.

The general cited an incident that occurred in 2004 when a suicide bomber penetrated security at a U.S. dining facility in the northern Iraqi city of Mosul and detonated an explosive that killed 22 people, including 14 U.S. service members.

"We need to think about force protection going forward," Jones said.

He concluded that while the prestige of the competition is known Army-wide, the chance to improve is the unit's other reward.

"It's not just about a competition, it's about getting better," Jones said.

Staff Sgt. Anne Messer, the 1152nd Transportation Co.'s dining facility manager and Milwaukee resident, said the Connelly event is a good opportunity not only to evaluate the strengths of her food service section, but the weaknesses also. However, the pressure of the moment did add something additional to the mix.

"I'm a Nervous Nellie anyway," Messer said.

She acknowledged that will remain the case until the winner is announced next year.



Spc. Adam L. Boudry, a food specialist with the 1152nd Transportation Co. (Railway), arranges meatloaf during the 44th annual Philip A. Connelly Awards competition Oct. 22, 2011.

The Gullah Region of South Carolina

By Mr. Calvin Colin



Are we a melting pot or mixed salad? For many years America has been considered a melting pot. But is that really what we are? In the upcoming issues of the CAN DO, we will discover the many different cultures that we have in the United States alone. We will also venture in to other countries to discover the unique heritage of other cultures in an effort to increase our cultural awareness. The United States Army is as diverse of an organization as they come. As leaders and as Americans, we must learn to embrace and accommodate these cultures to build teams, morale, and esprit-de-corps. As you read this article and those to come, we challenge you to decide if our country is a melting pot or mixed salad.

In this issue we will share with you the Gullah culture in South Carolina as discussed by Mrs. Barbara Miller in her book 'Cultural Anthropology 2007'. The Gullah culture stretches along the coast, going inland about thirty miles (National Park Service 2005). The Gullah are descended from African slaves originating in West and Central Africa. In the early eighteenth century, Charleston, South Carolina, was the location of the largest trans-Atlantic slave market on the coast of British North America (National Park Service 2005).

The enslaved people brought with them many forms of knowledge and practice. Rice was a central part of their African heritage and identity. They knew how to plant it in swamps, harvest it, and prepare it. Gullah ancestors in colonial South Carolina were influential in developing tidal irrigation methods of rice growing, using irrigation and management of the tides to increase yields compared to yields from rainfall-dependent plantings.

Experts at net fishing, the Gullah made hand woven nets that are masterpieces of folk art. Their textile arts include a form of quilting, or sewing

strips of cloth together into a larger piece. Gullah women combined their African quilting styles with those of Europeans to form new styles and patterns. Many quilts tell a story in their several patterns.

Gullah cuisine combines African elements such as rice, yams, peas, okra, hot peppers, peanuts, watermelon, and sesame seeds with European ingredients, and Indian foods such as corn, squash, tomatoes, and berries (National Park Service 2005). Popular dishes are stews of seafood and vegetables served over rice. Rice is the cornerstone of the meal, and the family rice pot is a treasured possession passed down over the generations.

Gullah culture in South Carolina has become a major tourist attraction, including music, crafts, and cuisine. If there is a single item that tourists identify with the Gullah, it is sweet grass baskets. Although, basket making was once common among all Gullah people in South Carolina, it is thriving in the Charleston area largely due to a combination of tourist demand and the creativity of local artists. Both men and women "sew" the baskets. They sell them in shops in Charleston's historic center and along Highway 17.

As the success of the basket makers has grown and the popularity of the baskets increased, so too has the need for sweet grass. Sweet grass baskets, thus, are a focal point of conflict between Gullah cultural producers and local economic developers who are destroying the land on which the sweet grass grows. Since tourism in low country South Carolina is increasingly dependent on cultural tourism, some planners are trying to find ways to devote land to growing sweet grass. The story of the Gullah of South Carolina begins with their rich African cultural heritage through their suffering as slaves, to racism and social exclusion, and to their current situation in which their expressive culture is a key factor in the state economy.

HISPANIC HERITAGE OBSERVANCE



Sgt. 1st Class John Adams and Capt. Michael Wayne sampling Hispanic foods prepared by Mr. Calvin Colin, 377th TSC, EO, during Hispanic Heritage week at the 377th TSC Oct 13, 2011.

Staff Sgt. Arthur McLaurin, G-7 compliments the chef during Hispanic Heritage week at the 377th TSC Oct 13, 2011



Col. Maxine Girard, 377th TSC Chief of Staff participates in the food tasting during Hispanic Heritage week at the 377th TSC Oct 13, 2011.



Col. Ford, former 377th TSC Chief Staff samples Hispanic foods Hispanic Heritage week at the 377th TSC Oct 13, 2011



Staff Sgt. Casandra Kinder, G-1, and Sgt. 1st Class Leslie Buraimoh, G-7, sampling Hispanic foods during Hispanic Heritage week at the 377th TSC Oct 13, 2011.

Self-Reporting of Convictions

CPT Quintillis Lawrence, Trial Counsel

DA Policy requires senior leaders to disclose civilian convictions to the chain of command. On 21 September 2011, the Secretary of the Army, the Honorable John M. McHugh, issued a policy regarding the “self-reporting of convictions.” The policy requires all Commissioned Officers, Warrant Officers and Senior Enlisted Soldiers in the grade of E-7 and above to report any conviction that occurred on or after 1 March 2008. It applies to both misdemeanor and felony convictions. The reporting requirement is the same regardless of your duty status at the time of the judgment: Active duty, Reserve, IRR, National Guard, etc.

You must make the report to your immediate commander. The reports are then routed through command channels to the first General Officer in the Soldier’s chain of command who will determine whether to file the information in the Official Military Personnel File (OMPF).

The policy has a very broad definition of a “conviction.” A guilty plea or a finding of guilty to any offense, a plea of no contest, a withheld adjudication, a deferred prosecution, or entry into a pre-trial intervention or diversion program all fall within the definition of “conviction.” The only offenses that are not required to report are traffic offenses that do not require a court appearance. In other words, if you can send in payment for the ticket without going to court, then no report is required.

The timeline to self report is as follows:

- 1) Soldiers who have convictions announced before the policy was signed, must report the conviction by 6 October 2011 even if the Soldier intends to appeal.
- 2) For Active Component or Reserve Component personnel on active duty who have convictions announced after the date the policy was signed, the report must be made within 15 days from the signature of the policy memorandum or announcement of conviction even if the Soldier intends to appeal.
- 3) For Reserve Component personnel who are not on active duty but are in an active status, the report must be made within 30 days of announcement of conviction or at the next Battle Assembly whichever comes first even if the Soldier intends to appeal.

The reporting mechanism will be on a DA Form 4187 or in memorandum format. For additional details as to the information and documents required, please see your local legal assistance office.

While the memo does not address reporting requirements for the grade of E-6 and below, please be mindful of the continuing requirement of every Soldier, regardless of rank, to report any conviction of a domestic abuse offense to your Commander. This policy does not supersede AR 600-37.



PROFILES IN PROFESSIONALISM

Sgt. 1st Class Jermal Washington

We have many talented people in the 377th TSC Army Reserve. Each month we highlight our top Soldiers and their unique skills and the services they provide.

To nominate a Soldier, e-mail the editor,
dianna.anderson@usar.army.mil for the submission form. Please include an high-resolution (300 dpi) 5"x7"

Home town: Born in Brooklyn, NY (12 Years)/ College Park, GA (6 Years)

A brief description of your Army job: - Provide Inspector General assistance to the Commanding General by developing control methods and procedures to improve readiness and resilience; receive and process requests for assistance from Soldiers, retirees, DOD civilians, family members, and civilian employees; direct and conduct Inspector General activities for six Major Subordinate Commands and seven Brigades; develop plans for training, employment, maintenance, supply and safety; conduct command directed investigations and inspections; identify and monitor root causes to implement corrective actions.

What has been your greatest Army achievement? - My greatest achievement was being a Drill Sergeant in basic combat training and advanced individual training. To see the impact you make with individuals coming off the street is rewarding. Knowing that once they leave your supervision they maybe headed to combat. The experience teaches a person how to deal with different personalities. These Soldiers are coming from all over the country and you need to know what motivates each one. You can't take things personal or that can be your down fall.

Who has been your biggest influence since joining the Army? - Over my 16 years of service I have met many good leaders. It's very hard to narrow it down to one individual. In 1995, I met two individuals, SPC Robert Christian and Spc. Michael Miner, who put me on the right track. They taught me to never quit and things could always be worse. As a drill Sergeant, Master Sgt. Melissa Hunter taught me that females can be great leaders and can hang with male Soldiers. All of my Military Transition Team (MTT) members taught me to be aware of my surroundings.

What do enjoy most about the 377th TSC? - Being Active Component gives me a chance to learn the reserve component side of the military. This will help me in my future endeavors.

What is your personal Professional Motto? - Last and utmost Go Georgia Bulldogs and Atlanta Falcons!





Chief Warrant Officer Promotions

From the Desk of Command Chief Warrant Officer
Billy Ray Robinson

The month of October is upon us and so begins the changing of the season. Fall is a time when plant life begins to look almost dead and some animals go into hibernation. Sometimes many of us don't plan well for our future and we might look like we aren't healthy and may have gone into hibernation.

It is most important that we never stop preparing for our future both at home and in our military career. I want to spend some time reminding Warrant Officers about preparing for promotion by attending the required Warrant Officer Education System (WOES) courses at a time that promotes success in the military career.

Warrant Officers should complete Warrant Officer Basic Course (WOBC) within 12 months of promotion to Warrant Officer. Promotion to Chief Warrant Officer 2 will not occur without WOBC. Warrant Officers that do not complete the WOBC requirement within the timeframe as designated by the Warrant Officer Candidate Program (2 years, with approved extension 3 years) will be discharged from the Army and will have to reenlist to reenter the service as an Enlisted member. Currently, a Chief Warrant Officer 2 does not have to complete the Warrant Officer Advanced Course (WOAC) prior to selection to Chief Warrant Officer 3. A Chief Warrant Officer 3 does have to complete WOAC prior to the Warrant Officer selection board convening to be eligible for selection to Chief Warrant Officer 4, usually held in April of each year. A Chief Warrant Officer 4 is required to complete WOSC prior to the Warrant Officer selection board convening to be eligible for selection to Chief Warrant Officer 5.

The Command Chief Warrant Officer of the Army Reserve is submitting a letter to restart the requirement for the U.S. Army Reserve Warrant Officers to complete WOES ahead of current policy. Chief Warrant Officer 2s will have to complete WOAC prior to the WO selection board convening to be eligible for selection to Chief Warrant Officer 3. Chief Warrant Officer 3s will have to complete WOSC prior to the WO selection board convening to be eligible for selection to Chief Warrant Officer 4. WOSSC is not a requirement to be selected for Chief Warrant Officer 5, but is a requirement to be promoted to Chief Warrant Officer 5. Chief Warrant Officer 4s are being offered early opportunities to attend WOSSC preparing them for earlier advancement to Chief Warrant Officer 5 after being selected by the Chief Warrant Officer 5 selection board and assigned to a valid Chief Warrant Officer 5 position.

Rank	Current WOES Requirement	Proposed WOES Requirement	TIG to Attend
WO1 to CW2	WOBC	No Change	12 months
CW2 to CW3	None	WOAC	24-48 months
CW3 to CW4	WOAC	WOSC	24-48 months
CW4 to CW5	WOSC, WOSSC	WOSSC	36-48 months

I recommend that Chief Warrant Officer 2s complete the distance learning Action Officer Development Course during the first 24 months Time in Grade (TIG), then complete the WOAC during 24 to 48 months TIG. A Chief Warrant Officer 3 should complete the WOSC during 24 to 48 months TIG. It is important to know where your unit fits in the Army Force Generation (ARFORGEN) cycle to ensure you schedule and complete the required course prior to 48 months TIG, this may require planning to attend the required WOES between 12 to 24 months based on your unit's mission and ARFORGEN cycle.

The 377th TSC had 22 Warrant Officers not selected for promotion to Chief Warrant Officer 3 and Chief Warrant Officer 4; 14 were not educationally qualified and 8 with no reason given. There were 3 Chief Warrant Officers not selected for Chief Warrant Officer 5 with no reason given. No reason given could indicate problems with file to include no picture, poor Officer Evaluation Reports (OER) or other performance areas, or the Soldier had not reviewed their promotion file leaving multiple copies of awards, OERs, etc in the file or missing items that support record.

I encourage all of you not to take off during the fall and winter seasons and make sure you are ready for the Chief Warrant Officer Selection Board in April. Thanks for serving our great nation as a part of the 377th Theater Sustainment Command Family. Please thank your family and employer for supporting your service in the U.S. Army Reserve. Have a blessed Army month.

Ever think Pink Would Be the New Fall Color?

Maj. Tamala Mullins
377th TSC Surgeon

Pink hats, shirts, bandanas, and even pink shoes are the rave this October. Yes my friends, we are in full swing of Breast Cancer Awareness month. Did you know that breast cancer is the second most common cancer found in women? Did you know men can also have breast cancer?

Ladies and gentlemen I encourage you to get to know your body and what is normal for you. Seek further medical care if you detect:

- a new lump in your breast
- a lump that has changed in size or shape
- pain in the breast or nipple that does not go away
- flaky, red, or swollen skin anywhere on the breast
- blood or any other type of fluid that is not related to breastfeeding

Prevention is the best medicine. Scientists at the National Center for Chronic Disease Prevention and Health Promotion have determined that staying physically active, maintaining a healthy weight, understanding risk benefits of hormone replacement therapy and limiting alcohol intake as being beneficial to lowering a woman's risk for developing breast cancer.

Screening for breast cancer is conducted in three ways: First, by having a mammogram, this is an x-ray of the breast. Women ages 40-49 should consult with their primary care physician on frequency. It is recommended that women ages 50-74 be screened every two years. The second screening method is through clinical breast exams conducted by a physician and finally self breast exam.

Download "Breast Self Exam Shower Card" <http://www.healthywomen.org/content/publication/breast-self-exam-shower-card>



Celebrating His Life, Spirit, and Works

Photos by LTC Vickie W. Gavin

Soldiers from the Army Reserve Sustainment Command (ARSC) and the 87th Army Reserve Support Command participated in the "Celebrating His Life, Spirit, and Works", program in memory of The Reverend Fred Shuttlesworth at Faith Chapel Christian Center in Birmingham, Alabama on 24 October 2011. During the ceremony a flag was presented to Master Sgt. (RET) LD Ervin, United States Air Force by Soldiers from the 87th ARSC Soldiers. Master Sgt. (RET) Ervin presented the American flag to the widow of Reverend Shuttlesworth, Mrs. Sephira Shuttlesworth.

Rev. Shuttlesworth was one of the "big three" of the civil rights movement who with Martin Luther King, Jr. and Rev. Ralph Abernathy founded the Christian Leadership conference in 1957. He was known as a blunt talking preacher surviving a bombing in 1957 and a beating by a white mob a year later during his attempts to integrate an all-white school. Martin Luther King described Shuttlesworth as "the most courageous civil rights fighter in the South."

Rev. Shuttlesworth died on October 5 at age 89.

Master Sgt. (RET) Ervin presents the flag to Mrs. Sephira Shuttlesworth during the memorial for Reverend Fred Shuttlesworth.



Sgt. 1st Class Acacia Sturdivant, Sgt. 1st Class Andre Clark, Sgt. 1st Class William Ballard, and Staff Sgt. Jeffery Smith participate in memorial program for Reverend Fred Shuttlesworth.



Sgt. 1st Class Acacia Sturdivant presents the Flag to Master Sgt. (RET) L.D. Ervin during memorial for Reverend Fred Shuttlesworth.

What Does Loyalty Mean to You?



Loyalty means to be devoted to what you believe in to your leadership, America, and the Army.

- Spc. Barbara Diaz-Colon

Loyalty means backing up your fellow Soldier. You have to be loyal to fulfill your mission.

- Spc. Meghan E. Constantine



Loyalty is the commitment to perform the duties at hand without being asked. It's standing up for doing what's right. If it's right, do the right thing.

- Staff Sgt. Helfa Morris



Loyalty is based on trust. If there's no trust, there's no loyalty.

- Maj. Sandra D. Kennedy



Loyalty means bearing allegiance not only to your unit, your section, your Soldiers but to the military as a whole. When you're loyal to your Soldiers and put your neck out for them, they will do whatever you ask to accomplish the mission.

- Sgt. 1st Class Kevin Austin

Army Values

Loyalty

Bear true faith and allegiance to the U.S. Constitution, the Army, your unit and other Soldiers.

Duty

Fulfill your obligations.

Respect

Treat people as they should be treated.

Selfless Service

Put the welfare of the nation, the Army and your subordinates before your own

Honor

Live up to Army values.

Integrity

Do what's right, legally and morally.

Personal Courage

Face fear, danger or adversity (physical or moral).

NCO CREED



ARMY VALUES

No one is more professional than I. I am a noncommissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time honored corps, which is known as “The Backbone of the Army”. I am proud of the Corps of noncommissioned officers and will at all times conduct myself so as to bring credit upon the Corps, the military service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind—accomplishment of my mission and the welfare of my Soldiers. I will strive to remain tactically and technically proficient. I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own. I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers. I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

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377th Theater Sustainment Command

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377TH TSC CAN DO

OCTOBER 2011

377th Theater Sustainment Command
400 Russell Ave.
Belle Chasse, LA
70143
Attn: Public Affairs Office

Soldier's Address Here: